

**IN THE HON'BLE SUPREME COURT OF INDIA**  
**CIVIL ORIGINAL JURISDICTION**  
**IN**  
**MISCELLANEOUS APPLICATION NO. 1177 OF 2025**  
**IN**  
**WRIT PETITION (C) NO. 437 OF 2024**

**IN THE MATTER OF:-**

3S AND OUR HEALTH SOCIETY

...PETITIONER

VERSUS

UNION OF INDIA & ORS

...RESPONDENTS

**COMPLIANCE AFFIDAVIT ON BEHALF OF RESPONDENT NO. 4,**  
**FOOD SAFETY AND STANDARDS AUTHORITY OF INDIA, NEW**  
**DELHI TO THE ORDER DATED 10.09.2026 PASSED BY THIS**  
**HON'BLE SUPREME COURT IN M.A. NO. 1177 OF 2025 IN W.P. (C) NO.**  
**437 OF 2024**

ADVOCATE FOR THE RESPONDENT: **MADHULIKA UPADHYAY**

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**INDEX**

| <b>S. NO.</b> | <b>PARTICULARS</b>                                                                                                                                                                                                        | <b>PAGE NO.</b> |
|---------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------|
| 1.            | COMPLIANCE AFFIDAVIT ON BEHALF OF RESPONDENT NO. 4, FOOD SAFETY AND STANDARDS AUTHORITY OF INDIA TO THE ORDER DATED 10.09.2026 PASSED BY THIS HON'BLE SUPREME COURT IN M.A. NO. 1177 OF 2025 IN W.P. (C) NO. 437 OF 2024. | <b>01-20</b>    |
| 2.            | <b>ANNEXURE A-1</b><br>A true copy of the Office Order dated 06.01.2026 specifying the timeline.                                                                                                                          | <b>21</b>       |
| 3.            | <b>ANNEXURE A-2</b><br>A true copy of the relevant portion of the recommendations of High-Level Committee of NITI Aayog.                                                                                                  | <b>22-23</b>    |

|    |                                                                                                                                              |              |
|----|----------------------------------------------------------------------------------------------------------------------------------------------|--------------|
| 4. | <b>ANNEXURE A-3</b><br>A true copy of size of warning label as provided in Canada Model.                                                     | <b>24-33</b> |
| 5. | <b>ANNEXURE A-4</b><br>A true copy of the Food Safety and Standards (Safe food and balanced diets for children in school) Regulations, 2020. | <b>34-38</b> |
| 6. | <b>ANNEXURE A-5</b><br>A true copy of the DO letter dated 01.06.2026 sent to the Secretary, Department of School Education and Literacy.     | <b>39</b>    |
| 7. | <b>ANNEXURE A-6</b><br>A true copy of the DO letter dated 01.06.2026 sent to the Chairman, Central Board of Secondary Education.             | <b>40</b>    |

ADVOCATE FOR THE RESPONDENT

MADHULIKA UPADHYAY



**(MADHULIKA UPADHYAY)**  
Advocate, Supreme Court of India  
Central Agency Section  
Code 4185

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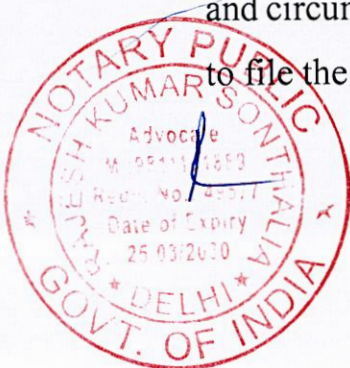
UNION OF INDIA AND ORS.

...RESPONDENTS

**COMPLIANCE AFFIDAVIT ON BEHALF OF RESPONDENT NO. 4,  
FOOD SAFETY AND STANDARDS AUTHORITY OF INDIA TO THE  
ORDER DATED 10.09.2026 PASSED BY THIS HON'BLE SUPREME  
COURT IN M.A. NO. 1177 OF 2025 IN W.P. (C) NO. 437 OF 2024**

I, Dr. Kavitha Ramasmay, D/o Shri. T. Ramasmay aged about 49 years, presently designated as Joint Director, in the Food Safety and Standards Authority of India (FSSAI), New Delhi, do hereby solemnly affirm and state on oath as follows:

1. That I am the authorised representative of Respondent No. 4, the Food Safety and Standards Authority of India (FSSAI). I am well conversant with the facts and circumstances of the present matter and am competent and duly authorised to file the present Compliance Affidavit on behalf of Respondent No. 4.



2. That the present Affidavit is being filed in compliance with the directions of this Hon'ble Court with regard to the issues concerning the implementation of Front-of-Pack Labelling (FoPL)/Front-of-Pack Nutrition Labelling (FoPNL), which are reproduced as under:

"53. In view of all the aforesaid, we would like the Union and the FSSAI respectively to provide an appropriate response to the following questions:

i. What is a reasonable and fixed timeline that the FSSAI envisages for the implementation of the two phases currently proposed?

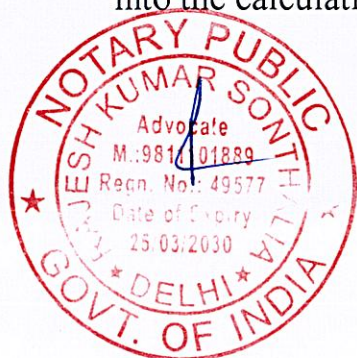
ii. What is the basis for the FSSAI to suggest the inclusion of food products high in 'two or more' nutrients-of-concern and *specified* sweetened beverages in Phase I, and the inclusion of food products high in 'any one' nutrient-of-concern in Phase II respectively?

iii. How does the FSSAI propose to identify the *specific sweetened beverages* which fall under Phase I of the proposal? Additionally, what are the threshold levels of the specific nutrient(s)-in-concern for such beverages?

iv. Whether, in their calculation of the threshold levels for each nutrient-of-concern, the FSSAI wishes to account for the difference between food categories 2 and 3 respectively in the FoPL?

v. Whether, in their calculation of the threshold levels for each nutrient-of-concern, the FSSAI wishes to account for the difference between food groups B (moderately processed with no additives) and C (excessively processed with additives) respectively in the FoPL?

vi. Whether the threshold limits for Fat and Sugar are to be calculated on the basis of 'Total' Sugar and 'Saturated Fat' as indicated in the Stakeholders meeting conducted on 29.10.2021? Furthermore, how would trans-fat levels be factored into the calculations of the fat content for the purpose of the FoPL?



**vii.** Considering that an average Indian consumer is habituated into associating the colour red with non-veg ingredients, would it be necessary for the FSSAI to revisit the choice of colour for the FoPL?

**viii.** What are dimensions of the 'red hexagon' proposed to be used in the FoPL? Whether it would have standardized specifications or whether it would be calculated in proportion to the area of the package? Whether the font size used for the FoPL would be relative to the dimensions of the hexagon themselves? The manner and method of the placement of such hexagon(s)?

**ix.** Without the presence of distinct pictorial representations for each nutrient-of-concern in the FoPL, how does the FSSAI propose to cater to the diverse levels of comprehension, literacy, and reading capability of the consuming population?

**x.** Why has the FSSAI suggested a combined/composite/singular hexagon for two or more nutrients-of-concern instead of separate/distinct/individual hexagons for each nutrient-of-concern?

**xi.** How would the FSSAI regulate the potential increase in the use of artificial preservative, emulsifiers etc., which may result as a consequence of the implementation of the FoPL?

**xii.** Once the final regulations making the FoPL mandatory come to be notified, whether a voluntary period for compliance is envisaged? If yes, for how long?

**xiii.** How the Union of India proposes to incorporate through curriculum, initiatives, workshops etc., **(i)** the manner in which information provided in packaged food items, including nutritional information, FoPL, etc., must be interpreted, and **(ii)** other aspects relating to nutritional literacy, at the school-level?

3. That the Respondent respectfully submits its response with regard to the aforesaid directions as under:



### (i) TIMELINE FOR THE IMPLEMENTATION

4. That in response to query raised in para 53(i) of the order dated 10.09.2026, it is submitted that FSSAI proposes to adopt a single-phase approach for the implementation of Front-of-Pack Nutrition Labelling (FoPL). For the purpose of issuing and finalizing the draft regulations a period of approximately 4 months would reasonably be required in order to follow the regulatory process as envisaged under the FSS Act, rules and regulations.
5. That in this time period, FSSAI will notify the draft amendment regulations which is mandatorily required to be published for a period 60 days for inviting comments from stakeholders through the domestic consultation and the WTO platform. Comments received will be examined; and, subsequently with the approval of Food Authority the final notification will be forwarded to the Ministry for publication in the official gazette.
6. That there shall be **voluntary implementation period of 365 days by Food Business Operators (FBOs)**. In the 48<sup>th</sup> meeting of the Food Authority as a matter of policy, it was decided that for amendments relating to the FSS (Labelling & Display) Regulations, as well as any changes in labelling requirements specified in other food safety & standards Regulations, shall come into force on 1<sup>st</sup> of July, subject to a minimum transition period of 365 days from the date of notification. This time period has been provided in order to avoid any commercial hardships to the food business operators as they have pre-packaged material already printed in bulk. It may be noted that the intention of the FSS Act is also to take into consideration that any measure taken by FSSAI should not be restrictive of trade same is evident from section 18(1)(d) of the FSS Act 2006. This is further based on the recommendations of High-Level Committee of NITI Aayog to reform on the timeline for labelling compliance.



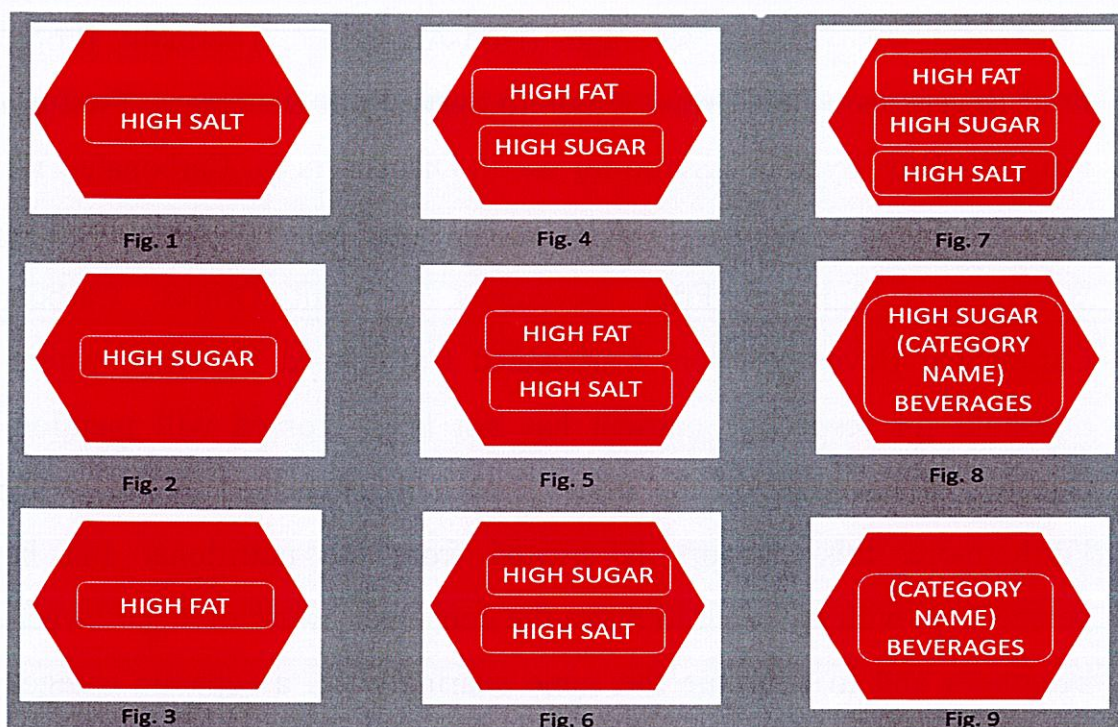
A true copy of the Office Order dated 06.01.2026 specifying the timeline is attached herewith and marked as **Annexure A-1. pages [                      ]**

A true copy of the relevant portion of the recommendations of High-Level Committee of NITI Aayog is attached herewith and marked as **Annexure A-2. pages [                      ]**

**(ii) PROPOSED FRONT OF PACKAGE LABELLING FORMAT**

7. That in response to query raised in para 53(ii) of the order dated 10.9.2026, it is submitted FSSAI proposes to adopt a single-phase approach for the implementation of Front-of-Pack Nutrition Labelling (FoPL). That FSSAI is proposing a red Hexagon with white square shaped background FoPL format, drawing similarity, more or less, with the FoPL format adopted by Canada. Furthermore, where only one nutrient of concern is present, the corresponding nutrient shall be indicated in the hexagon. Where two or three nutrients of concern are present, the applicable two or three nutrients shall also be indicated within a single hexagon, thereby providing clear and specific information to consumers.
8. That in the case of a single nutrient, it will be represented inside the hexagon as indicated below. However, where more than one nutrient of concern exceeds the prescribed threshold, the same shall be indicated in a single hexagon while mentioning two or three nutrients of concern, as illustrated below in Fig 4-7. Food products high in any one of the nutrient of concern will also be covered in addition to food products high in 'two or more' nutrients-of-concern.

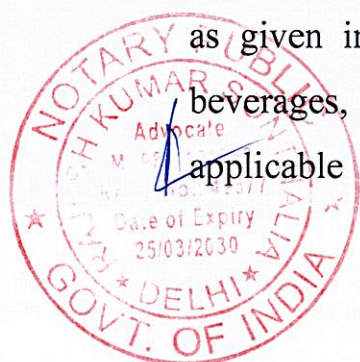




9. That it is also proposed that the label may have a disclaimer/ foot note that the threshold for the nutrients in the red hexagon is taken from the DGI, 2024 issued by ICMR-NIN.
10. That any food product, including beverages, containing 'Non Caloric Sweetener' may have the warning statement 'CONTAIN NON CALORIC SWEETENER' on the front of the pack, which at present same is mentioned on the back of the pack.

**(iii) SPECIFIC SWEETENED BEVERAGES AND THEIR THRESHOLD LIMIT**

11. That in response to query raised in para 53(iii) of the order dated 10.9.2026 for beverage categories, it is proposed that the format with the appropriate name of the beverage is proposed for nutrients of concern above the threshold, as given in Fig. 8. Furthermore, similar formats, with the name of the beverages, in the red hexagon based on the Food Categorisation system applicable for Licensing/Registration such as Carbonated Water; Non-



carbonated Water Based Beverages (Non-Alcoholic); Thermally Processed Fruit Beverages / Fruit Drink/ Ready to Serve Fruit Beverages; Fruit Syrup/ Fruit Sharbats; Synthetic Syrup for use in Dispensers for Carbonated Water; Synthetic Syrup or Sharbat; Fruit Based Beverage Mix/Powdered Fruit Based Beverage; Carbonated Fruit Beverages or Fruit Drinks; Carbonated Caffeinated Beverage; Non- Carbonated Caffeinated Beverage where the threshold for respective nutrient has not been crossed will mention the category of beverage on the front of pack as envisaged in Fig. 9 above. Furthermore, this category is created from the nutritional and health perspective, with an intent to make the consumer aware of sugar-sweetened beverages and to consume the same sparingly i.e. a separate category is proposed for beverages exceeding the threshold of sugar and salt. Further, the beverages which are within the threshold limit will also carry the name of the beverage in the prescribed format as mentioned in figure 9.

12. Furthermore, any food product, including beverages, containing 'Non Caloric Sweetener' may have the warning statement 'CONTAIN NON CALORIC SWEETENER' on the front of the pack, which at present same as mentioned on the back of the pack.

#### **(iv) & (v) INCLUSION OF FOOD CATEGORY 2& 3**

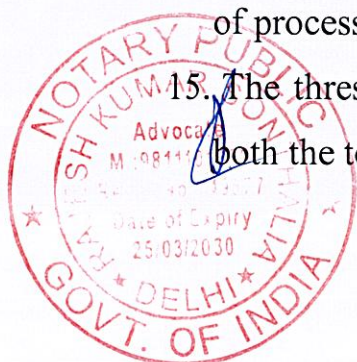
13. That in response to query raised in para 53(iv & v) of the order dated 10.9.2026, it is submitted that the threshold values for ICMR-National Institute of Nutrition energy, added sugar, added fat (used for cooking) and salt for 100g cooked or packaged food are given in Table 15.1. The classification of foods based on the level of processing and the level of nutrients of concern (HFSS foods) using the threshold mentioned in Table 15.1 is provided with some examples in Table 15.2. It is submitted that processing and nutrition are distinct concepts. Nutrient content should remain the principal regulatory criterion. FSSAI has proposed to adopt the threshold



values for added sugar, added fat (used for cooking) and salt per 100 g/ml, as provided in Table 15.1 of Guideline 15 of the Dietary Guidelines for Indians, 2024, issued by ICMR-NIN, for the purpose of Front-of-Pack Labelling (FOPL).

14. That any product, irrespective of its processing, is subject to the principle and threshold laid in table 15.1 of guideline 15; if it exceeds the limits of added sugar, fat and salt as given in the Dietary Guidelines for Indians, 2024, for 100g/100ml of solid and liquid foods. Table 15.2 of Guideline 15 provides an indicative categorization of foods based on the extent of processing, along with their further classification based on energy content. This categorization may serve as a broader dietary guidance and is distinct from the nutrient-based criteria proposed for front of package labelling. Accordingly, the level of processing is not proposed to be used as a criterion for determining whether a food would carry a front of package labelling warning. All existing Front of Package Labelling models are generally considering only nutrients (salt; sugar & fat) to limit in foods. As such, other ingredients and additives, and the degree of processing of foods, are not explicitly covered, anywhere, by existing Front of package labelling legislation/regulations/guidelines. For instance, if a freshly prepared lemon juice/water contains added sugar and/or salt above the threshold values specified in Table 15.1, i.e. more than 2 g of added sugar and/or 175 mg of salt per 100 ml, it would be considered high in the respective nutrient(s) and would attract the applicable FOPL warning, irrespective of its level of processing. Similarly, in the case of a packaged food such as chips, if the added fat and/or salt exceeds the prescribed thresholds of 4.2 g and 625 mg per 100 g, respectively, the product would attract the applicable FOPL warning, irrespective of its categorization based on the level of processing.

15. The threshold calculated by ICMR-NIN for solid & liquid foods considers both the total sugar & total fat as given below:



### **For solid foods:**

- Threshold for sugar has been calculated at ~5% energy from added sugar, and not exceeding 10% energy from total sugar.
- Threshold for fat has been calculated at ~15% energy from added fat, and not exceeding 30% energy from total fat.

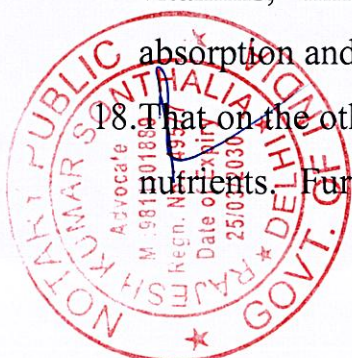
### **For liquid foods/ Beverages:**

- Threshold for sugar has been calculated at ~10% energy from added sugar, and not exceeding 30% energy from total sugar (including naturally present sugar in fruit juices/milk etc.).
- Threshold for fat has been calculated at ~15% energy from added fat, and not exceeding 30% energy from total fat.

16. That the added sugars refer to sugar and sugar syrups added to foods and drinks over and above those inherently present in food during processing and preparation, and include sucrose, jaggery, honey, glucose, fructose, dextrose, etc. Furthermore, Naturally occurring simple sugars refer to those sugars inherently present in foods, such as monosaccharides, which are simple sugars with single sugar molecules, such as glucose or fructose in fruits, as per the ICMR-NIN guidelines.

17. That classifying a food as high in sugar without differentiating between naturally occurring sugars, such as those in fruits and milk, and added sugars, such as table sugar or syrup added during processing, has limitations because not all sugars are equal in terms of health impact. Furthermore, naturally occurring sugars in whole foods like fruits and dairy come packed with fibre, vitamins, minerals and beneficial phytochemicals, which slow down absorption and contribute positively to health.

18. That on the other hand, added sugars increase energy density without adding nutrients. Furthermore, restrictions on added sugars and fats will also



pressurise food businesses to add more fruit, dairy and natural products having established positive effects on health. The same holds good for added fats.

19. The threshold values as specified in Table 15.1 of Guideline 15 of the Dietary Guidelines for Indians, 2024, issued by ICMR-NIN, for the purpose of Front-of-Pack Labelling (FOPL) are applicable for all categories Group A, B and C as in table 15.2 of DGI, 2024

**(vi) THRESHOLD LIMITS FOR FAT AND SUGAR WHETHER TO CONSIDER 'TOTAL' SUGAR AND 'SATURATED FAT**

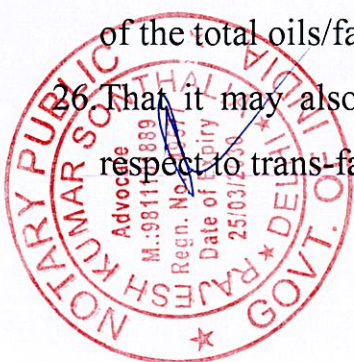
20. That in response to query raised in para 53(vi) of the order dated 10.9.2026, it is submitted that the threshold limits for fat and sugar under the proposed Front-of-Pack Nutrition Labelling (FoPL) framework is determined as per the Dietary Guidelines for Indians, 2024 issued by ICMR-NIN. The proposed assessment of added sugar and added fat is considered in the context of the total quantity of the respective nutrient allowed in the diet of the individual, which comprises both added and naturally occurring or inherent components of sugar and fat.

21. That total sugar includes both inherently present & added i.e., the sugars naturally or intrinsically present in foods, such as fruits (fructose) and milk (lactose), as well as sugars added during the processing and preparation of foods and drinks. In addition to what is mentioned in para 16 to 18 above, it is submitted that naturally occurring sugars in foods such as fruits and milk are accompanied by other nutrients, including vitamins, minerals and dietary fibre, and contribute to the overall nutritional value of the diet. Added sugars, on the other hand, refer to sugars and sugar syrups added to foods and drinks during processing and preparation, including sucrose (table sugar), jaggery, honey, glucose, fructose, dextrose, etc. Addition of sugar over and above what



is naturally or inherently present in foods increases the total calorie intake without providing significant additional nutritional value.

22. That the use of Saturated Fat (SF) is considered high when more than 10g/day of visible saturated fats is included in the daily diet and no threshold was mentioned for 100g solid foods /100ml liquid foods as per ICMR-NIN- DGI, 2024. In view of this the added fat is found more appropriate and taken into consideration. Use of SF is considered high when more than 10g/day of visible saturated fats (for a 2000 Kcal diet/ day) is consumed in the form of ghee, butter or due to excessive use of palm oil, coconut oil in the preparation of snacks or sweets.
23. However, saturated fat alone should not be considered the sole contributor to excessive fat intake or related health concerns. The major concern is excessive consumption of visible or added fats and oils, including vegetable/cooking oils, which can substantially increase the overall energy and fat content of the diet. Therefore, the overall dietary pattern and total intake of fats and oils should be considered rather than saturated fat in isolation
24. That the trans-fat content is always reflected separately on the label and is not merged with the total fat or saturated fat. Trans fat is neither a natural fat nor an added fat but is developed through processing therefore, industrially produced trans-fat is already subject to a specific regulatory limit and disclosure requirement and need not necessarily be treated as an additional component for calculating the total fat threshold.
25. Regulation 2.3.14(21) of the FOOD SAFETY AND STANDARDS (PROHIBITION AND RESTRICTIONS ON SALES) REGULATIONS, 2011, states that Food Products in which edible oils and fats are used as an ingredient shall not contain industrial trans fatty acids more than 2% by mass of the total oils/fats present in the product, on and from 01st January, 2022.
26. That it may also be noted that the approach adopted internationally with respect to trans-fat is generally focused on limiting the amount of industrially

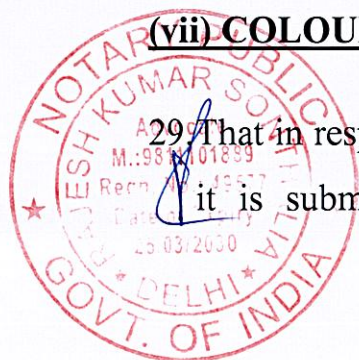


produced trans-fat in foods rather than requiring a separate front-of-pack warning for trans-fat. The proposed FoPL framework similarly seeks to avoid duplication of regulatory measures. It is pertinent to mention that WHO recommends for trans-fat to be less than <1% of total energy intake (2.2g/day for a 2,000-calorie diet).

27. That a meeting was held on 30 June 2021, in which the matter relating to Front-of-Pack Nutrition Labelling (FoPL) was deliberated upon and certain nutrients were identified for consideration under the proposed FoPL framework, however there was no consensus. Subsequently, the draft FoPL provisions formulated in 2022 incorporated the nutrient parameters and specifications considered at that stage.
28. That subsequently, the Dietary Guidelines for Indians issued by ICMR–NIN in 2024 provided updated dietary recommendations, including specifications relating to nutrients such as added sugar and added fat. These updated recommendations have, therefore, been taken into consideration in the ongoing development of the FoPL framework. In nutshell, the Stakeholder meeting was conducted in 2021, the FoPL draft was notified in 2022, further the DGI, was issued by ICMR-NIN in 2024. Accordingly, in the current proposal under consideration by FSSAI, the relevant nutrient parameters are being aligned with the latest recommendations of ICMR–NIN, the country's apex institution for medical research and nutrition guidance, with a view to ensuring that the proposed FoPL framework is based on the latest available scientific and dietary guidance applicable to the Indian population. As an informed choice to the consumer, added sugar & added fat are to be considered preferably rather than the total sugar & saturated fat.

**(vii) COLOUR OF THE HEXAGON**

29. That in response to query raised in para 53(vii) of the order dated 10.9.2026, it is submitted that the non-vegetarian logo prescribed under the FSS



regulations is brown-coloured, square containing a triangle, which is already familiar to the consumers. Further the red-coloured hexagonal with square shaped white background format is proposed for Front of package labelling, accordingly both the colour and geometric configuration are distinctly different and creates no confusion.

**(viii) DIMENSIONS, FONT SIZE AND PLACEMENT**

30. That in response to query raised in para 53(viii) of the order dated 10.9.2026, it is submitted that the proposed warning label would have **three components viz. (i) white square shaped background (ii) a red hexagon within the white square shaped background and (iii) name of the nutrient(s).**

31. That this warning label would be displayed **prominently** on the **top left of the front of the pack**, ensuring clear visibility and legibility to consumers. The proposed warning symbol would be displayed in a **font size at least one point larger** than used in the nutrition information table at the back of the pack. The size of the warning label would align with the size of warning label as provided in the Canada model.

A true copy of size of warning label as provided in Canada Model is attached herewith and marked as **Annexure A-3. pages [                      ]**

**(ix) & (x) PICTORIAL REPRESENTATION AND NUTRITIONAL LITERACY**

32. That in response to query raised in para 53(ix) and 53 (x) of the order dated 10.9.2026, it is submitted that the proposed Front of Package Labelling is intended to provide a simple and clear textual indication of the nutrient(s) of concern through a prominent and standardised format.



33. That Regulation 4 of the Food Safety and Standards (Labelling and Display) Regulations specify the General Requirements on labelling of packaged food. Regulation 4(5) of the said regulations, provides as under:

*“the particulars of declaration required under these Regulations to be specified on the label shall be in English or Hindi in Devnagri script:*

*Provided that nothing herein contained shall prevent the use of any other language in addition to the language required under this regulation:*

*Provided further that the information provided in such other language shall not contradict the information on the label in the English or Hindi;”*

34. That the proposed standardised hexagonal format, with the relevant nutrient name clearly indicated, is intended to provide a uniform and readily recognisable means of communicating nutritional information to consumers across different levels of literacy and comprehension. It is pertinent to further state that symbols alone cannot replace nutritional literacy. It may also be noted that the Front of Package Labelling systems adopted in various countries generally do not use distinct pictorial representations for each individual nutrient of concern.

35. That the introduction of separate pictorial symbols for each nutrient may, in fact, create additional scope for confusion or misinterpretation among consumers, particularly where multiple nutrients are involved. Overall, pictograms may be interpreted differently by consumers. Continuous sensitisation and awareness programmes will further strengthen the understanding of the Consumer at large.



**(xi) USE OF ARTIFICIAL PRESERVATIVE, EMULSIFIERS ETC.**

36. That in response to query raised in para 53(xi) of the order dated 10.9.2026, it is submitted that the use of food additives, including preservatives, emulsifiers and other permitted additives, is already regulated under the Food Safety and Standards (Food Products Standards and Food Additives) Regulations 2011, wherein the permitted additives, their functional classes and conditions of use are specified for different food categories. The applicable labelling requirements for food additives and other ingredients are prescribed under the Food Safety and Standards (Labelling and Display) Regulations, 2020, and Food Business Operators are required to comply with these requirements. As stated earlier, FSSAI is also contemplating an amendment to the Food Safety and Standards (Labelling and Display) Regulations, 2020, thereby placing the warning label 'CONTAINS NON CALORIC SWEETENER' on the front of pack.

37. It is also informed that foods classified as High Fat, Sugar and Salt (HFSS) on the basis of specified nutrient thresholds are not necessarily aligned with processing of food. The two concepts are based on different considerations and should not be conflated. Therefore, the implementation of Front of Package Labelling, which addresses specified nutrients of concern, does not by itself imply or necessitate an increase in the use of artificial preservatives, emulsifiers or other additives.

38. That the authorisation process for additives is comprehensive, rigorous and robust, and does reassure that their use does not imply increased health risk. Their safety is continuously reviewed and reassured by FAO/WHO/JECFA and risk assessment bodies. The additives listed in Food Safety and Standards (Food Product Standards & Food Additive) Regulations, 2011 are harmonized with Codex.



**(xii) VOLUNTARY PERIOD OF COMPLIANCE**

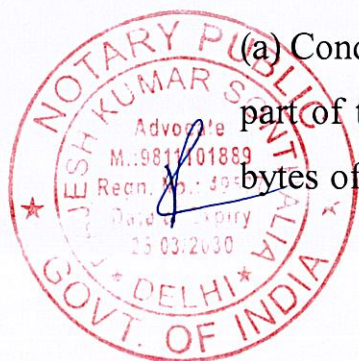
39. That in response to query raised in para 53(xii) of the order dated 10.9.2026, it is submitted as informed in para 6 of this affidavit, there shall be voluntary implementation period of 365 days by Food Business Operators (FBOs). In the 48th meeting of the Food Authority, as a matter of policy, it was decided that for amendments relating to the FSS (Labelling & Display) Regulations, as well as any changes in labelling requirements specified in other food safety & standards Regulations shall come into force on 1st of July subject to a minimum transition period of 365 days from the date of notification. This time period has been provided in order to avoid any commercial hardships to the food business operators as they have pre-packaged material already printed in bulk. It may be noted that the intention of the FSS Act is also to take into consideration that any measure taken by FSSAI should not be restrictive of trade same is evident from section 18(1)(d) of the FSS Act 2006. This is also based on the recommendations of High-Level Committee of NITI Aayog to reform on timeline for labelling compliance.

**(xiii) NUTRITIONAL LITERACY**

40. That in response to query raised in para 53(xiii) and 52 of the order dated 10.9.2026, it is submitted that:

(I) FSSAI is already undertaking several initiatives specifically aimed at school children to promote healthy dietary practices and reduce the consumption of foods high in fat, sugar and salt (HFSS) such as:

(a) Conducting awareness campaigns #StopObesity and #FightObesity. As part of this effort, informative videos, expert bytes, celebrity videos and bytes of common people including women, children and college students



are created and shared on various social media platforms. A dedicated Obesity Awareness playlist is also available on its official YouTube Channel. A media campaign to Fight Obesity has been carried out on 71 All India Radio Stations of Prasar Bharti, 83 FM Radio Channels and audio announcements on 189 Railway Stations across the country.

(b) The Eat Right School programme, under the Eat Right India movement, focuses on sensitising school children on food safety, nutrition and hygiene, with particular emphasis on limiting the consumption of HFSS foods and promoting healthy and balanced diets.

(c) In addition, the Safe and Nutritious Food (SNF) initiatives provide guidance for ensuring safe, healthy and nutritionally appropriate food in schools and other institutional settings, including promotion of diets low in salt, sugar and saturated fats. Further, the Food Safety and Standards (Safe food and balanced diets for children in school) Regulations, 2020 prescribe responsibilities for schools to ensure safe food and balanced diets on school premises and to promote healthy food choices in and around school campuses. In addition, FSSAI has proposed the definition of foods high in added fat, added sugar and salt (HFSS) as defined in Dietary Guidelines for Indians, 2024, issued by ICMR–NIN in the Food Safety and Standards (Safe Food and Balanced Diets for Children in School) Regulations thereby ensuring that the regulatory approach for school children is consistent with National dietary benchmarks. In this regard, draft regulation dated 07.08.2026 inviting public objections/suggestions has been notified.

(d) Food Safety and Standards (Safe food and balanced diets for children in school) Regulations, 2020, prescribes responsibilities for schools to ensure safe food and balanced diets on school premises and to promote healthy food choices in and around school campuses. Regulation 4 of the instant regulations states that the School Authority shall encourage and



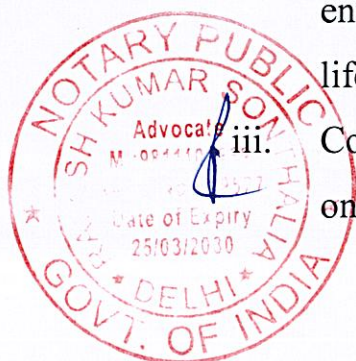
promote consumption of a safe and balanced diet in the school canteen or mess or kitchen based on guidance from “Dietary guidelines for Indians school” issued by National Institute of Nutrition. The regulations also provide general guidelines for providing safe food and balanced diet to children. The regulations also state that the School Authority shall ensure that no person shall sell or offer for sale including free sale, or permit sale, of food products high in saturated fat or trans-fat or added sugar or sodium in school premises or campus. The School authority is also to ensure that there shall not be any advertisement banner or wallpaper of food which is high in saturated fat or trans-fat or added sugar or sodium on school campuses.

A true copy of the Food Safety and Standards (Safe food and balanced diets for children in school) Regulations, 2020 is attached herewith as **Annexure A-4. pages [                      ]**.

(e) To align efforts for strengthening food literacy among children, CEO FSSAI vide DO letter dated 01.06.2026 to Secretary, Dept. of School Education and Literacy, Ministry of Education has already proposed the following areas of collaboration:

- i. Inclusion of a dedicated chapter on FSSAI's Eat Right India Programme which encapsulates: food safety, nutrition literacy, healthy dietary practices in the school curriculum to promote informed food choices
- ii. Pan India schools to be nudged to acquire FSSAI's Eat Right School certification thereby encouraging adoption of healthy food environments, nutrition literacy, safe food practices, and healthier lifestyles among students.

iii. Consideration of Eat Right School certification/implementation as one of the desirable criteria under the PM SHRI Schools framework



to encourage schools to actively promote health and nutrition awareness.

A true copy of the DO letter dated 01.06.2026 sent to the Secretary, Department of School Education and Literacy is attached herewith and marked as **Annexure A-5. pages [                      ]**

(f) Furthermore, for strengthening of food literacy among children FSSAI vide DO letter dated 01.06.2026 to Chairman, CBSE has already proposed collaboration in the following areas:

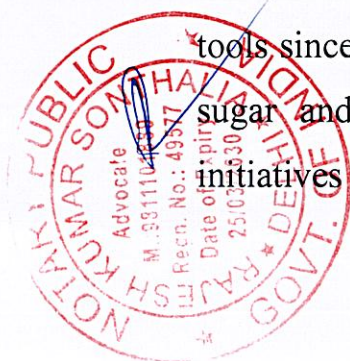
- i. Inclusion of a dedicated chapter on FSSAI's Eat Right India Programme which encapsulates: food safety, nutrition literacy, healthy dietary practices in the school curriculum to promote informed food choices and healthy lifestyles among students.
- ii. All CBSE affiliated schools to be nudged to acquire FSSAI's Eat Right School certification thereby encouraging adoption of healthy food environments, nutrition literacy, safe food practices, healthier lifestyles among students.

A true copy of the DO letter dated 01.06.2026 sent to the Chairman, Central Board of Secondary Education is attached herewith and marked as **Annexure A-6 pages [                      ]**

(g) The Government is undertaking several initiatives to strengthen nutrition awareness and promote healthy dietary practices among school children and, through them, among consumers and the wider community.

In this regard, the Central Board of Secondary Education (CBSE) has introduced **Sugar Boards and Oil Boards in schools** as visual awareness

tools since 2025 to sensitize students about the consumption of excessive sugar and fats/oils and to encourage healthier food choices. These initiatives provide continuous and accessible nutrition messages within the



school environment and also contribute towards enhancing awareness among children, teachers and other stakeholders.

(II) FSSAI will also take following other initiatives:

a. Massive campaigns will be organized to sensitize people. Pamphlets in vernacular languages will be distributed. States/UT's will also be required to conduct awareness program related to Front-of-Pack Nutrition Labelling (FoPL). NGOs may also be taken on board for dissemination of information.

b. FSSAI will also undertake appropriate awareness and consumer education programmes regarding the proposed Front-of-Pack Nutrition Labelling (FoPL), with the objective of enabling consumers to understand the information provided on food products and make informed and healthier choices at the time of purchase.

Regd No 12106

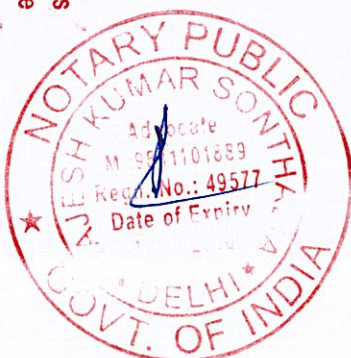
23 SEP 2026

डॉ. कविता रामासामी/Dr. Kavitha Ramasamy  
संयुक्त निदेशक/Joint Director  
भारतीय खाद्य संरक्षा एवं मानक प्राधिकरण  
Food Safety and Standards Authority of India  
(स्वास्थ्य एवं परिवार कल्याण मंत्रालय)  
(Ministry of Health & Family Welfare)  
भारत सरकार/Govt. of India  
एफ.डी.ए. भवन, कोटला रोड, नई दिल्ली-110002, भारत  
FDA Bhawan, Kotla Road, New Delhi-110002, INDIA

### VERIFICATION

Verified at Delhi on this the 23 SEP 2026 day of September, 2026 that the averments of facts stated herein above are true to my knowledge and belief, no part of it is false and nothing material has been concealed there-from.

I Identify the deponent who has Signed / Put T.I. in my presence



ATTASTED

RAJESH KUMAR SONTALIA, Advocate  
Mobile No.: 9811107289  
SUPREME COURT OF INDIA  
GOVT. OF INDIA, Regd. No. 49577  
Date of Expiry : 25/03/2030

23/9/26

DEPONENT

डॉ. कविता रामासामी/Dr. Kavitha Ramasamy  
संयुक्त निदेशक/Joint Director  
भारतीय खाद्य संरक्षा एवं मानक प्राधिकरण  
Food Safety and Standards Authority of India  
(स्वास्थ्य एवं परिवार कल्याण मंत्रालय)  
(Ministry of Health & Family Welfare)  
भारत सरकार/Govt. of India  
एफ.डी.ए. भवन, कोटला रोड, नई दिल्ली-110002, भारत  
FDA Bhawan, Kotla Road, New Delhi-110002, INDIA

# ANNEXURE A-1

**SS-G0SP08(MISC)/1/2025-Standard-FSSAI**  
**Food Safety and Standards Authority of India**  
(A Statutory Authority established under the Food Safety & Standards Act, 2006)  
FDA Bhawan, Kotla Road, New Delhi-110002

**Date: 6<sup>th</sup> January 2026**

## Office Order

**Subject: Decision taken in the 48th Food Authority Meeting regarding the 'Policy on the timeline for compliance with FSS Regulations.'**

In exercise of the powers conferred by Section 92 of the Food Safety and Standards Act, 2006, the Food Safety and Standards Authority of India (FSSAI) makes or amends the Food Safety and Standards Regulations with the approval of the Central Government.

2. During the 48th Meeting of the Food Authority, the following policy has been decided regarding the timeline for compliance with FSS Regulations:
  - i. Amendments relating to the FSS (Labelling and Display) Regulations, as well as any changes in labelling requirements specified in other Food Safety and Standards Regulations, shall come into force on **1st July**, subject to a minimum transition period of **365 days** from the date of notification.
  - ii. In emergency situations, the matter of implementation or enforcement may be decided on a case-by-case basis.
3. This order supersedes the order dated January 3, 2025, concerning the decision taken at the 45th Food Authority Meeting regarding the timeline for compliance with amendments to labelling provisions.

Digitally signed by

Alka Rao

Date: 06-01-2026

11:50:50

(Dr. Alka Rao, Advisor)

Science & Standards & Regulations

Food Safety and Standards Authority of India

To:

1. Executive Director (CS)-For information and necessary action.
2. Advisor, QA division
3. All Directors
4. CITO-With a request to upload on FSSAI website

Copy for information:

1. PPS to Chairperson
2. PS to CEO
3. JS, FR, MoHFW

## ANNEXURE A-2



सत्यमेव जयते

**NITI Aayog**



# **HIGH-LEVEL COMMITTEE ON NON-FINANCIAL REGULATORY REFORMS**

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**REPORT - I**

## 6A.7 Reform 7: Timeline for Labelling Compliance

### 6A.7.1 Background

A short compliance window for labelling changes can increase inventory costs, risk finished goods becoming obsolete, force write-offs, and lead to repackaging costs for long-shelf-life products. An FBO is required to implement any amendment to labelling provisions under the Food Safety Standards (Labelling and Display) Regulations, 2020 or other regulations within 180 days of the amendment being notified. In January 2025, FSSAI issued an order on timelines for enforcing amendments, which stated that an amendment to labelling provisions comes into force on a uniform date of 1 July, subject to a minimum period of 180 days.<sup>5</sup>

### 6A.7.2 Recommendation

Increased time period for enforcement of amendments in labelling regulations from 180 days to 365 days.

### 6A.7.3 Justification

The enforcement of labelling changes under short timelines may increase an FBO's inventory costs and waste. A short timeline can lead to an FBO discarding legacy stock that is obsolete. This is amplified in the case of food products with longer shelf life. FBOs are also required to print additional material and repackage products in a short period.

### 6A.7.4 Implementation Roadmap and Timeline

- (i) Amend Order No. F. No. REG-17/2/2022 dated 3 January 2025 to increase the timeline for enforcement of amendments in labelling regulations to one year.
- (ii) Action: Ministry of Health and Family Welfare and FSSAI
- (iii) Timeline: 30th November, 2025

<sup>5</sup> Order No. F. No. REG-17/2/2022



Health  
Canada

Sant   
Canada

## ANNEXURE A-3

# Nutrition Labelling — Directory of Nutrition Symbol Specifications

**Health Canada is the federal department responsible for helping the people of Canada maintain and improve their health.** Health Canada is committed to improving the lives of all of Canada's people and to making this country's population among the healthiest in the world as measured by longevity, lifestyle and effective use of the public health care system.

Également disponible en français sous le titre :  
Étiquetage nutritionnel — Répertoire des spécifications des symboles nutritionnels

To obtain additional information, please contact:

Health Canada  
Address Locator 0900C2  
Ottawa, ON K1A 0K9  
Tel.: 613-957-2991  
Toll free: 1-866-225-0709  
Fax: 613-941-5366  
TTY: 1-800-465-7735  
E-mail: publications-publications@hc-sc.gc.ca

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Table of Contents

Reference Diagrams ..... 4

TABLE 1

Unilingual Horizontal Format ..... 5

TABLE 2

Unilingual Vertical Format..... 7

TABLE 3

Bilingual Horizontal Format ..... 8

TABLE 4

Bilingual Vertical Format..... 10

# Reference Diagrams

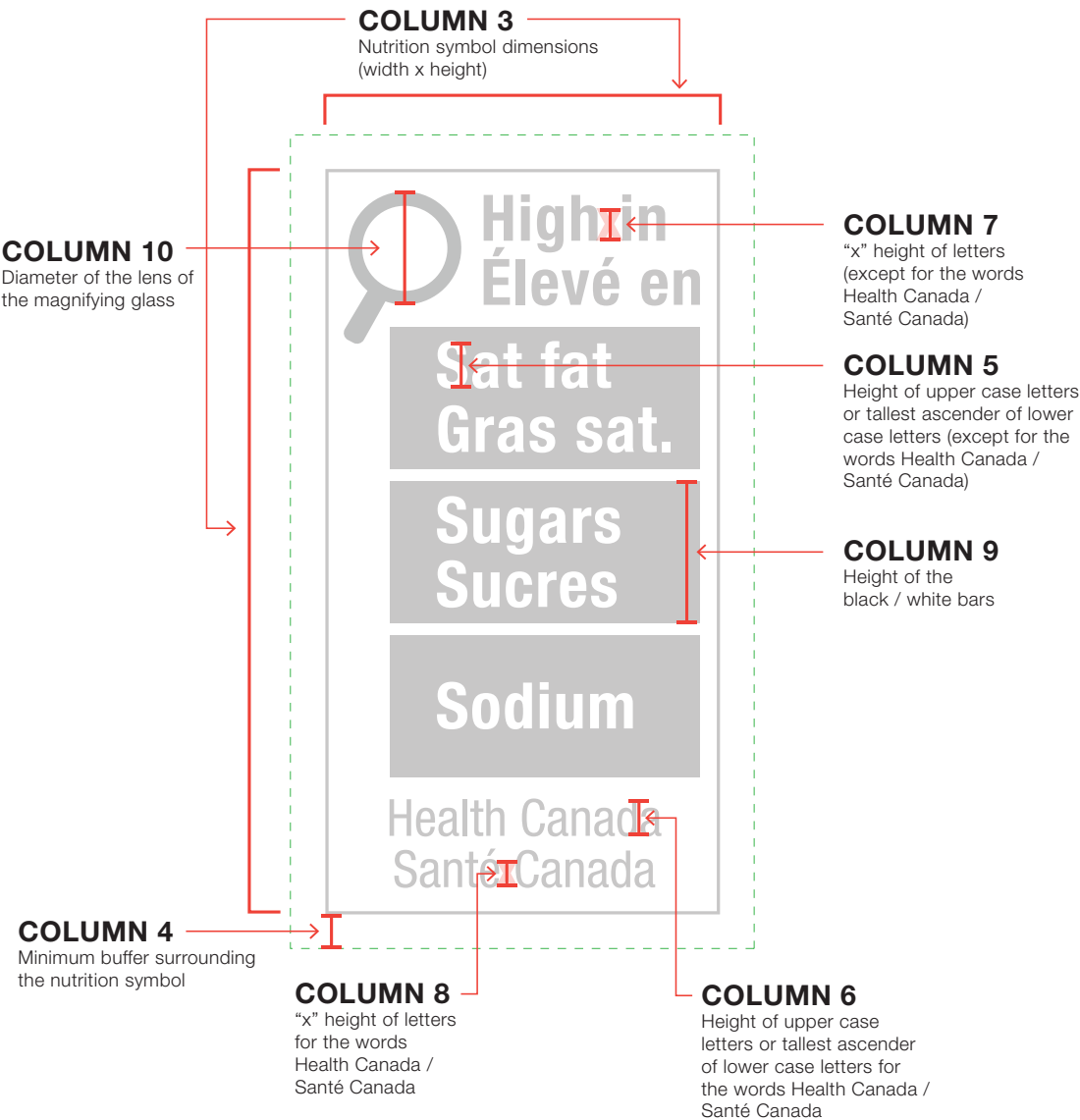
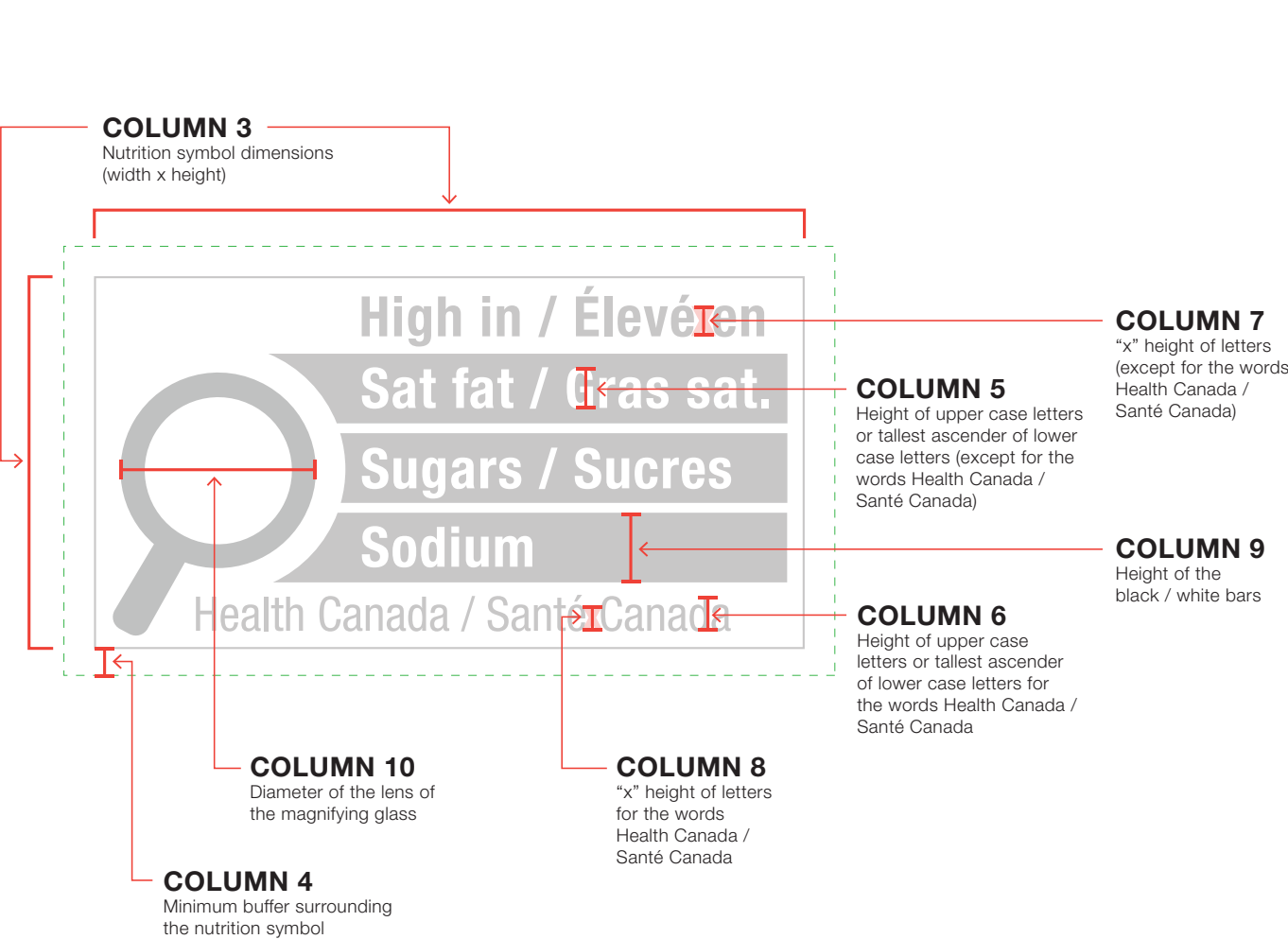


TABLE 1  
Unilingual Horizontal Format

| Item | COLUMN 1<br>Range of principal display surface | COLUMN 2<br>Nutrition symbol in Schedule K.1 of the <i>Food and Drug Regulations</i>                                              | COLUMN 3<br>Nutrition symbol dimensions<br>(width x height) | COLUMN 4<br>Minimum buffer surrounding the nutrition symbol <sup>a</sup> | COLUMN 5<br>Height of upper case letters or tallest ascender of lower case letters<br><br>(except for the words Health Canada / Santé Canada) | COLUMN 6<br>Height of upper case letters or tallest ascender of lower case letters for the words Health Canada / Santé Canada | COLUMN 7<br>“x” height of letters<br><br>(except for the words Health Canada / Santé Canada) | COLUMN 8<br>“x” height of letters for the words Health Canada / Santé Canada | COLUMN 9<br>Height of the black / white bars | COLUMN 10<br>Diameter of the lens of the magnifying glass |
|------|------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------|--------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------|------------------------------------------------------------------------------|----------------------------------------------|-----------------------------------------------------------|
| 1    | > 600 cm²                                      | 1(EH) and 1(FH)<br>2(EH) and 2(FH)<br>3(EH) and 3(FH)<br>4(EH) and 4(FH)<br>5(EH) and 5(FH)<br>6(EH) and 6(FH)<br>7(EH) and 7(FH) | 4.42 cm x 3.30 cm                                           | 2.7 mm                                                                   | 3.5 mm                                                                                                                                        | 3.0 mm                                                                                                                        | 2.7 mm                                                                                       | 2.3 mm                                                                       | 6.2 mm                                       | 17.3 mm                                                   |
| 2    | > 450 cm² to ≤ 600 cm²                         | 1(EH) and 1(FH)<br>2(EH) and 2(FH)<br>3(EH) and 3(FH)<br>4(EH) and 4(FH)<br>5(EH) and 5(FH)<br>6(EH) and 6(FH)<br>7(EH) and 7(FH) | 3.79 cm x 2.83 cm                                           | 2.3 mm                                                                   | 3.0 mm                                                                                                                                        | 2.5 mm                                                                                                                        | 2.3 mm                                                                                       | 1.9 mm                                                                       | 5.3 mm                                       | 14.8 mm                                                   |
| 3    | > 250 cm² to ≤ 450 cm²                         | 1(EH) and 1(FH)<br>2(EH) and 2(FH)<br>3(EH) and 3(FH)<br>4(EH) and 4(FH)<br>5(EH) and 5(FH)<br>6(EH) and 6(FH)<br>7(EH) and 7(FH) | 3.10 cm x 2.36 cm                                           | 1.9 mm                                                                   | 2.5 mm                                                                                                                                        | 2.0 mm                                                                                                                        | 1.9 mm                                                                                       | 1.5 mm                                                                       | 4.3 mm                                       | 12.1 mm                                                   |
| 4    | > 100 cm² to ≤ 250 cm²                         | 1(EH) and 1(FH)<br>2(EH) and 2(FH)<br>3(EH) and 3(FH)<br>4(EH) and 4(FH)<br>5(EH) and 5(FH)<br>6(EH) and 6(FH)<br>7(EH) and 7(FH) | 2.50 cm x 1.89 cm                                           | 1.5 mm                                                                   | 2.0 mm                                                                                                                                        | 1.8 mm                                                                                                                        | 1.5 mm                                                                                       | 1.3 mm                                                                       | 3.5 mm                                       | 9.8 mm                                                    |

EH: English Horizontal  
FH: French Horizontal

<sup>a</sup> The minimum buffer zone between a nutrition symbol and a supplemented food caution identifier, or between nutrition symbols, that are labelled contiguous can be 0 mm.

| Item | COLUMN 1<br>Range of principal display surface | COLUMN 2<br>Nutrition symbol in Schedule K.1 of the <i>Food and Drug Regulations</i>                                              | COLUMN 3<br>Nutrition symbol dimensions<br>(width x height) | COLUMN 4<br>Minimum buffer surrounding the nutrition symbol <sup>a</sup> | COLUMN 5<br>Height of upper case letters or tallest ascender of lower case letters<br><br>(except for the words Health Canada / Santé Canada) | COLUMN 6<br>Height of upper case letters or tallest ascender of lower case letters for the words Health Canada / Santé Canada | COLUMN 7<br>“x” height of letters<br>(except for the words Health Canada / Santé Canada) | COLUMN 8<br>“x” height of letters for the words Health Canada / Santé Canada | COLUMN 9<br>Height of the black / white bars | COLUMN 10<br>Diameter of the lens of the magnifying glass |
|------|------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------|--------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------|------------------------------------------------------------------------------|----------------------------------------------|-----------------------------------------------------------|
| 5    | > 30 cm² to ≤ 100 cm²                          | 1(EH) and 1(FH)<br>2(EH) and 2(FH)<br>3(EH) and 3(FH)<br>4(EH) and 4(FH)<br>5(EH) and 5(FH)<br>6(EH) and 6(FH)<br>7(EH) and 7(FH) | 1.87 cm x 1.42 cm                                           | 1.1 mm                                                                   | 1.5 mm                                                                                                                                        | 1.5 mm                                                                                                                        | 1.1 mm                                                                                   | 1.1 mm                                                                       | 2.6 mm                                       | 7.3 mm                                                    |
| 6    | ≤ 30 cm²                                       | 1(EH) and 1(FH)                                                                                                                   | 1.87 cm x 1.42 cm                                           | 1.1 mm                                                                   | 1.5 mm                                                                                                                                        | 1.5 mm                                                                                                                        | 1.1 mm                                                                                   | 1.1 mm                                                                       | 2.6 mm                                       | 7.3 mm                                                    |
|      |                                                | 8(EH) and 8(FH)<br>9(EH) and 9(FH)<br>10(EH) and 10(FH)                                                                           | 1.37 cm x 1.20 cm                                           | 1.1 mm                                                                   | 1.5 mm                                                                                                                                        | 1.5 mm                                                                                                                        | 1.1 mm                                                                                   | 1.1 mm                                                                       | 2.6 mm                                       | 2.9 mm                                                    |
|      |                                                | 11(EH) and 11(FH)<br>12(EH) and 12(FH)<br>13(EH) and 13(FH)                                                                       | 1.37 cm x 0.85 cm                                           | 1.1 mm                                                                   | 1.5 mm                                                                                                                                        | 1.5 mm                                                                                                                        | 1.1 mm                                                                                   | 1.1 mm                                                                       | 2.6 mm                                       | 2.9 mm                                                    |

EH: English Horizontal  
FH: French Horizontal

<sup>a</sup> The minimum buffer zone between a nutrition symbol and a supplemented food caution identifier, or between nutrition symbols, that are labelled contiguous can be 0 mm.

TABLE 2  
Unilingual Vertical Format

| Item | COLUMN 1<br>Range of principal display surface | COLUMN 2<br>Nutrition symbol in Schedule K.1 of the <i>Food and Drug Regulations</i>                                              | COLUMN 3<br>Nutrition symbol dimensions<br>(width x height) | COLUMN 4<br>Minimum buffer surrounding the nutrition symbol <sup>a</sup> | COLUMN 5<br>Height of upper case letters or tallest ascender of lower case letters<br><br>(except for the words Health Canada / Santé Canada) | COLUMN 6<br>Height of upper case letters or tallest ascender of lower case letters for the words Health Canada / Santé Canada | COLUMN 7<br>“x” height of letters<br><br>(except for the words Health Canada / Santé Canada) | COLUMN 8<br>“x” height of letters for the words Health Canada / Santé Canada | COLUMN 9<br>Height of the black / white bars | COLUMN 10<br>Diameter of the lens of the magnifying glass |
|------|------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------|--------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------|------------------------------------------------------------------------------|----------------------------------------------|-----------------------------------------------------------|
| 3    | > 250 cm² to ≤ 450 cm²                         | 1(EV) and 1(FV)<br>2(EV) and 2(FV)<br>3(EV) and 3(FV)<br>4(EV) and 4(FV)<br>5(EV) and 5(FV)<br>6(EV) and 6(FV)<br>7(EV) and 7(FV) | 2.17 cm x 2.75 cm                                           | 1.9 mm                                                                   | 2.5 mm                                                                                                                                        | 2.0 mm                                                                                                                        | 1.9 mm                                                                                       | 1.5 mm                                                                       | 4.4 mm                                       | 6.2 mm                                                    |
| 4    | > 100 cm² to ≤ 250 cm²                         | 1(EV) and 1(FV)<br>2(EV) and 2(FV)<br>3(EV) and 3(FV)<br>4(EV) and 4(FV)<br>5(EV) and 5(FV)<br>6(EV) and 6(FV)<br>7(EV) and 7(FV) | 1.75 cm x 2.19 cm                                           | 1.5 mm                                                                   | 2.0 mm                                                                                                                                        | 1.8 mm                                                                                                                        | 1.5 mm                                                                                       | 1.3 mm                                                                       | 3.5 mm                                       | 5.0 mm                                                    |
| 5    | > 30 cm² to ≤ 100 cm²                          | 1(EV) and 1(FV)<br>2(EV) and 2(FV)<br>3(EV) and 3(FV)<br>4(EV) and 4(FV)<br>5(EV) and 5(FV)<br>6(EV) and 6(FV)<br>7(EV) and 7(FV) | 1.37 cm x 1.80 cm                                           | 1.1 mm                                                                   | 1.5 mm                                                                                                                                        | 1.5 mm                                                                                                                        | 1.1 mm                                                                                       | 1.1 mm                                                                       | 2.9 mm                                       | 3.9 mm                                                    |
| 6    | ≤ 30 cm²                                       | 1(EV) and 1(FV)                                                                                                                   | 1.37 cm x 1.80 cm                                           | 1.1 mm                                                                   | 1.5 mm                                                                                                                                        | 1.5 mm                                                                                                                        | 1.1 mm                                                                                       | 1.1 mm                                                                       | 2.9 mm                                       | 3.9 mm                                                    |
|      |                                                | 8(EV) and 8(FV)<br>9(EV) and 9(FV)<br>10(EV) and 10(FV)                                                                           | 1.37 cm x 1.40 cm                                           | 1.1 mm                                                                   | 1.5 mm                                                                                                                                        | 1.5 mm                                                                                                                        | 1.1 mm                                                                                       | 1.1 mm                                                                       | 2.9 mm                                       | 3.3 mm                                                    |
|      |                                                | 11(EV) and 11(FV)<br>12(EV) and 12(FV)<br>13(EV) and 13(FV)                                                                       | 1.37 cm x 0.85 cm                                           | 1.1 mm                                                                   | 1.5 mm                                                                                                                                        | 1.5 mm                                                                                                                        | 1.1 mm                                                                                       | 1.1 mm                                                                       | 2.9 mm                                       | 2.9 mm                                                    |

EV: English Vertical  
FV: French Vertical

<sup>a</sup> The minimum buffer zone between a nutrition symbol and a supplemented food caution identifier, or between nutrition symbols, that are labelled contiguous can be 0 mm.

TABLE 3  
Bilingual Horizontal Format

| Item | COLUMN 1<br>Range of principal display surface | COLUMN 2<br>Nutrition symbol in Schedule K.1 of the <i>Food and Drug Regulations</i> | COLUMN 3<br>Nutrition symbol dimensions<br>(width x height) | COLUMN 4<br>Minimum buffer surrounding the nutrition symbol <sup>a</sup> | COLUMN 5<br>Height of upper case letters or tallest ascender of lower case letters<br><br>(except for the words Health Canada / Santé Canada) | COLUMN 6<br>Height of upper case letters or tallest ascender of lower case letters for the words Health Canada / Santé Canada | COLUMN 7<br>“x” height of letters<br><br>(except for the words Health Canada / Santé Canada) | COLUMN 8<br>“x” height of letters for the words Health Canada / Santé Canada | COLUMN 9<br>Height of the black / white bars | COLUMN 10<br>Diameter of the lens of the magnifying glass |
|------|------------------------------------------------|--------------------------------------------------------------------------------------|-------------------------------------------------------------|--------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------|------------------------------------------------------------------------------|----------------------------------------------|-----------------------------------------------------------|
| 1    | > 600 cm²                                      | 1(BH)<br>2(BH)<br>3(BH)<br>4(BH)<br>5(BH)<br>6(BH)<br>7(BH)                          | 6.29 cm x 3.30 cm                                           | 2.7 mm                                                                   | 3.5 mm                                                                                                                                        | 3.0 mm                                                                                                                        | 2.7 mm                                                                                       | 2.3 mm                                                                       | 6.2 mm                                       | 17.3 mm                                                   |
| 2    | > 450 cm² to ≤ 600 cm²                         | 1(BH)<br>2(BH)<br>3(BH)<br>4(BH)<br>5(BH)<br>6(BH)<br>7(BH)                          | 5.40 cm x 2.83 cm                                           | 2.3 mm                                                                   | 3.0 mm                                                                                                                                        | 2.5 mm                                                                                                                        | 2.3 mm                                                                                       | 1.9 mm                                                                       | 5.3 mm                                       | 14.8 mm                                                   |
| 3    | > 250 cm² to ≤ 450 cm²                         | 1(BH)<br>2(BH)<br>3(BH)<br>4(BH)<br>5(BH)<br>6(BH)<br>7(BH)                          | 4.50 cm x 2.36 cm                                           | 1.9 mm                                                                   | 2.5 mm                                                                                                                                        | 2.0 mm                                                                                                                        | 1.9 mm                                                                                       | 1.5 mm                                                                       | 4.3 mm                                       | 12.4 mm                                                   |
| 4    | > 100 cm² to ≤ 250 cm²                         | 1(BH)<br>2(BH)<br>3(BH)<br>4(BH)<br>5(BH)<br>6(BH)<br>7(BH)                          | 3.60 cm x 1.89 cm                                           | 1.5 mm                                                                   | 2.0 mm                                                                                                                                        | 1.8 mm                                                                                                                        | 1.5 mm                                                                                       | 1.3 mm                                                                       | 3.5 mm                                       | 9.9 mm                                                    |

BH: Bilingual Horizontal

<sup>a</sup> The minimum buffer zone between a nutrition symbol and a supplemented food caution identifier, or between nutrition symbols, that are labelled contiguous can be 0 mm.

| Item | COLUMN 1<br>Range of principal display surface | COLUMN 2<br>Nutrition symbol in Schedule K.1 of the <i>Food and Drug Regulations</i> | COLUMN 3<br>Nutrition symbol dimensions<br>(width x height) | COLUMN 4<br>Minimum buffer surrounding the nutrition symbol <sup>a</sup> | COLUMN 5<br>Height of upper case letters or tallest ascender of lower case letters<br><br>(except for the words Health Canada / Santé Canada) | COLUMN 6<br>Height of upper case letters or tallest ascender of lower case letters for the words Health Canada / Santé Canada | COLUMN 7<br>“x” height of letters<br>(except for the words Health Canada / Santé Canada) | COLUMN 8<br>“x” height of letters for the words Health Canada / Santé Canada | COLUMN 9<br>Height of the black / white bars | COLUMN 10<br>Diameter of the lens of the magnifying glass |
|------|------------------------------------------------|--------------------------------------------------------------------------------------|-------------------------------------------------------------|--------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------|------------------------------------------------------------------------------|----------------------------------------------|-----------------------------------------------------------|
| 5    | > 30 cm² to ≤ 100 cm²                          | 1(BH)<br>2(BH)<br>3(BH)<br>4(BH)<br>5(BH)<br>6(BH)<br>7(BH)                          | 2.80 cm x 1.42 cm                                           | 1.1 mm                                                                   | 1.5 mm                                                                                                                                        | 1.5 mm                                                                                                                        | 1.1 mm                                                                                   | 1.1 mm                                                                       | 2.6 mm                                       | 7.4 mm                                                    |
| 6    | ≤ 30 cm²                                       | 1(BH)                                                                                | 2.80 cm x 1.42 cm                                           | 1.1 mm                                                                   | 1.5 mm                                                                                                                                        | 1.5 mm                                                                                                                        | 1.1 mm                                                                                   | 1.1 mm                                                                       | 2.6 mm                                       | 7.4 mm                                                    |
|      |                                                | 8(BH)<br>9(BH)<br>10(BH)                                                             | 2.50 cm x 1.20 cm                                           | 1.1 mm                                                                   | 1.5 mm                                                                                                                                        | 1.5 mm                                                                                                                        | 1.1 mm                                                                                   | 1.1 mm                                                                       | 2.6 mm                                       | 4.2 mm                                                    |
|      |                                                | 11(BH)<br>12(BH)<br>13(BH)                                                           | 2.50 cm x 0.85 cm                                           | 1.1 mm                                                                   | 1.5 mm                                                                                                                                        | 1.5 mm                                                                                                                        | 1.1 mm                                                                                   | 1.1 mm                                                                       | 2.6 mm                                       | 3.9 mm                                                    |

BH: Bilingual Horizontal

<sup>a</sup> The minimum buffer zone between a nutrition symbol and a supplemented food caution identifier, or between nutrition symbols, that are labelled contiguous can be 0 mm.

TABLE 4  
Bilingual Vertical Format

| Item | COLUMN 1<br>Range of principal display surface | COLUMN 2<br>Nutrition symbol in Schedule K.1 of the <i>Food and Drug Regulation</i> s | COLUMN 3<br>Nutrition symbol dimensions<br>(width x height) | COLUMN 4<br>Minimum buffer surrounding the nutrition symbol <sup>a</sup> | COLUMN 5<br>Height of upper case letters or tallest ascender of lower case letters<br><br>(except for the words Health Canada / Santé Canada) | COLUMN 6<br>Height of upper case letters or tallest ascender of lower case letters for the words Health Canada / Santé Canada | COLUMN 7<br>“x” height of letters<br><br>(except for the words Health Canada / Santé Canada) | COLUMN 8<br>“x” height of letters for the words Health Canada / Santé Canada | COLUMN 9<br>Height of the black / white bars | COLUMN 10<br>Diameter of the lens of the magnifying glass |
|------|------------------------------------------------|---------------------------------------------------------------------------------------|-------------------------------------------------------------|--------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------|------------------------------------------------------------------------------|----------------------------------------------|-----------------------------------------------------------|
| 3    | > 250 cm <sup>2</sup> to ≤ 450 cm <sup>2</sup> | 1(BV)<br>2(BV)<br>3(BV)<br>4(BV)<br>5(BV)<br>6(BV)<br>7(BV)                           | 2.17 cm x 4.10 cm                                           | 1.9 mm                                                                   | 2.5 mm                                                                                                                                        | 2.0 mm                                                                                                                        | 1.9 mm                                                                                       | 1.5 mm                                                                       | 7.8 mm                                       | 6.2 mm                                                    |
| 4    | > 100 cm <sup>2</sup> to ≤ 250 cm <sup>2</sup> | 1(BV)<br>2(BV)<br>3(BV)<br>4(BV)<br>5(BV)<br>6(BV)<br>7(BV)                           | 1.75 cm x 3.31 cm                                           | 1.5 mm                                                                   | 2.0 mm                                                                                                                                        | 1.8 mm                                                                                                                        | 1.5 mm                                                                                       | 1.3 mm                                                                       | 6.3 mm                                       | 5.0 mm                                                    |
| 5    | > 30 cm <sup>2</sup> to ≤ 100 cm <sup>2</sup>  | 1(BV)<br>2(BV)<br>3(BV)<br>4(BV)<br>5(BV)<br>6(BV)<br>7(BV)                           | 1.37 cm x 2.60 cm                                           | 1.1 mm                                                                   | 1.5 mm                                                                                                                                        | 1.5 mm                                                                                                                        | 1.1 mm                                                                                       | 1.1 mm                                                                       | 4.9 mm                                       | 3.9 mm                                                    |
| 6    | ≤ 30 cm <sup>2</sup>                           | 1(BV)                                                                                 | 1.37 cm x 2.60 cm                                           | 1.1 mm                                                                   | 1.5 mm                                                                                                                                        | 1.5 mm                                                                                                                        | 1.1 mm                                                                                       | 1.1 mm                                                                       | 4.9 mm                                       | 3.9 mm                                                    |
|      |                                                | 8(BV)<br>9(BV)<br>10(BV)                                                              | 1.37 cm x 2.05 cm                                           | 1.1 mm                                                                   | 1.5 mm                                                                                                                                        | 1.5 mm                                                                                                                        | 1.1 mm                                                                                       | 1.1 mm                                                                       | 4.9 mm                                       | 3.3 mm                                                    |
|      |                                                | 11(BV)<br>12(BV)<br>13(BV)                                                            | 1.37 cm x 1.50 cm                                           | 1.1 mm                                                                   | 1.5 mm                                                                                                                                        | 1.5 mm                                                                                                                        | 1.1 mm                                                                                       | 1.1 mm                                                                       | 4.9 mm                                       | 3.3 mm                                                    |

BV: Bilingual Vertical

<sup>a</sup> The minimum buffer zone between a nutrition symbol and a supplemented food caution identifier, or between nutrition symbols, that are labelled contiguous can be 0 mm.

|    |                                                                                  |                                                                                                                                                                                                                                                                                                                                                                         |
|----|----------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|    |                                                                                  | <p>4. तेल, वसाएँ, गिरियाँ और तिलहन — अखरोट, बादाम, पिस्ता, नमक या शर्करारहित भुनी गिरियाँ, मूँगफली, तिल</p> <p>5. प्रसंस्कृत/पके हुए खाद्य — बिना योजित शर्करा के ताजा सूप, दलिया, बीवरेज, हिलाकर तली हुई सब्जियाँ, स्नैक्स — उबले, बेक किए हुए अथवा भाप से पकाए हुए, धान्य अथवा दाल—आधारित चीजें, जैसे इडली, उपमा, पोहा, खंडवी, ढोकला, चीला, नमकीन दलिया इत्यादि।</p>  |
| 2. | कभी-कभी खाने के लिए — थोड़ी मात्रा में और कदाचनिक (उदाहरणार्थ सप्ताह में एक बार) | <p>1. डेजर्ट—आइस-क्रीम, दूध—आधारित और डेयरी— आधारित मिठाइयाँ/डेजर्ट</p> <p>2. पैकड खाद्य — पनीर, डिब्बाबंद और परिरक्षित सब्जी, पैकेजबंद मांस अथवा मछली उत्पाद, फल/सब्जियाँ/धान्य/ दाल—आधारित स्नैक्स, गिरियाँ और बीज</p> <p>3. बेकरी उत्पाद — सफेद ब्रेड, बिस्कुट</p> <p>4. बीवरेज — पैकेजबंद सूप और जूस, धान्य अथवा माल्ट—आधारित बीवरेज, सुवासित सोया दूध इत्यादि।</p> |
| 3. | स्कूल, छात्रावास में उपलब्ध न कराए जाएँ                                          | उच्च सैचुरेटिड फैट अथवा ट्रांस-फैट अथवा योजित शर्करा अथवा सोडियम वाले खाद्य उत्पाद                                                                                                                                                                                                                                                                                      |

\*उत्पादों की यह सूची केवल दृष्टांत के रूप में है।

अरुण सिंघल, मुख्य कार्यकारी अधिकारी

[विज्ञापन— III / 4 / असा. / 211 / 2020—21]

## MINISTRY OF HEALTH AND FAMILY WELFARE

### (Food Safety and Standards Authority of India)

#### NOTIFICATION

New Delhi, the 4th September, 2020

**F. No. 15(1)2016/School Children Regulation/Enf/FSSAI.**—Whereas the Food Safety and Standards (Safe food and healthy diets for School Children) Regulations, 2019 were published as required under sub-section (1) of section 92 of the Food Safety and Standards Act, 2006 (34 of 2006), *vide* notification No. 15(1)2016/School Children Regulation/Enf/FSSAI, dated the 30<sup>th</sup> October, 2019, in the Gazette of India, Extraordinary, Part III, Section 4, inviting objections and suggestions from the persons likely to be affected thereby, before the expiry of the period of thirty days from the date on which the copies of the Gazette containing the said notification were made available to the public;

And whereas copies of the said Gazette were made available to the public on the 4<sup>th</sup> November, 2019;

And whereas objections and suggestions received from the public in respect of the said draft regulations have been considered by the Food Safety and Standards Authority of India;

Now, therefore, in exercise of the powers conferred by clause (v) of sub-section (2) of section 92 of the said Act, the Food Safety and Standards Authority of India with the previous approval of the Central Government hereby makes the following regulations, namely:-

#### REGULATIONS

**1. Short title and commencement.**— (1) These regulations may be called the Food Safety and Standards (Safe food and balanced diets for children in school) Regulations, 2020.

(2) They shall come into force on the date of their publication in the Official Gazette and food business operator shall comply with all the provisions of these regulations with effect from 1st July, 2021, except sub-regulation (5) of regulations 3 and sub-regulation (1) of regulations 5

which shall come into force only from such date as the Food Authority may, by notification in the Official Gazette, appoint.

**2. Definitions -(1)** In these regulations, unless the context otherwise requires,-

- (a) **“Act”** means the Food Safety and Standards Act, 2006;
- (b) **“Department of School Education”** means the nodal department of concerned Central or State or Union Territory administration that looks after the school education irrespective of nomenclature;
- (c) **“Food handler”** means a person who directly handles packaged or unpackaged food, food preparation equipment and utensils or food contact surfaces;
- (d) **“food safety”** means assurance that food is acceptable for human consumption according to its intended use;
- (e) **“Food Safety Display Board”** means an informative board displaying the Food Authority registration or license number of the food business operator, basic food hygiene and safety tips to be complied by the said operator and mechanism for obtaining consumer feedback on the quality and safety of the food offered by it;
- (f) **“Food Safety Supervisor”** means a person appointed by the food business operator and holds a valid food safety certificate of training approved by the Food Authority;
- (g) **balanced diet** is one which provides all the nutrients including the essential micro nutrients in required amounts and proper proportions;
- (h) **“Schools”** means all types of schools whether pre-primary, primary, elementary, secondary, day care or as the case may be, crèche (excluding crèches or day care for infants or children up to the age of twenty-two months), or boarding run by private entities, local bodies, government or aided by government;
- (i) **“School Authority”** means Head of the Institution such as Principal, Headmaster, etc., Governing Body, Trust or any other entity set up to govern and manage the school;
- (j) **“School campus”** means, for the purpose of these regulations, all areas of the property under the jurisdiction of the school that is accessible to students during the school hours and for residents of boarding schools or hostels;
- (k) **“School meals”** means all food and beverages sold or supplied in the school campus through canteens, school mess, hostel kitchens, vending machines or any other method and include all meals served through mid-day meal kitchens and catered for students by the school;

(2) All other words and expression used herein and not defined, but defined in the Act, rules or regulations made thereunder, shall have the meanings assigned to them in the Act, rules or regulations, respectively.

**3. Responsibilities of School Authority to ensure safe food and balanced diets on school premises.-** (1) School Authority selling or catering school meals by itself in the school campus shall get registered as a food business operator from the concerned authority under the provisions of the Act , rules or regulations made thereunder and ensure that the food is safe and balanced.

(2) Any School Authority entering into a contract or transaction with a food business operators (FBOs) selling or catering school meal on school campus shall ensure that such FBOs are duly registered or licensed under the provisions of the Act, rules or regulations made thereunder and ensure that the food is safe and balanced.

(3) The Department of School Education shall ensure that all FBOs contracted by it for operation of the mid-day meal scheme are registered or licensed under the provisions of the Act, rules or regulations made thereunder and ensure that the food is safe and balanced.

(4) The FBOs selling or catering food on school campus shall ensure compliance to the requirements of sanitary and hygienic practices provided to the food manufacturers in Schedule 4, Food Safety Display Board and Food Safety Supervisor(s) as specified under the Food Safety Standards (Licensing and Registration of Food Businesses) Regulations, 2011.

(5) School Authority shall ensure that no person shall sell or offer for sale including free sale, or permit sale, of food products high in saturated fat or trans-fat or added sugar or sodium in school premises or campus.

(6) School Authority shall ensure that the board containing warning “Do not sell including free sale or market or advertise the food products high in saturated fat or trans-fat or added sugar or sodium within school premises or campus” in English or one Indian language as applicable, is displayed prominently at the entrance gate or gates of the school.

(7) School Authority shall ensure that there shall not be any advertisement banner or wallpaper of food which is high in saturated fat or trans-fat or added sugar or sodium on school computers.

**4. Promotion of safe food and balanced diet in and around school campus.-** (1) The Food Authority or the State Food Authority shall encourage schools to adopt a comprehensive program for promoting safe food and balanced diets amongst school children and meet specified benchmarks to convert school campus into ‘Eat Right Campus’ that focus on serving of safe food and balanced diet, local and seasonal food and no food waste.

(2) The School Authority shall encourage and promote consumption of a safe and balanced diet in the school canteen or mess or kitchen based on guidance from “Dietary guidelines for Indians – A Manual” issued by the National Institute of Nutrition and other expert institutions or authorities.

(3) The School Authority shall ensure that the FBOs supplying prepared school meals in the school premises is are identified and selected foods which can be served or sold on the basis of the broad guidelines given in the Schedule to these regulations and as per the directions, issued by the Food Authority or the Commissioner of Food Safety of the state.

(4) The School Authority may engage with nutritionists, dietitians, nutrition associations or seek parental support to assist in the drafting of the menu for the children, periodically.

(5) The crèches or day cares for infants or children up to the age of twenty-four months old are also expected to serve safe and balanced diets to them.

**5. Food marketing and advertisement and selling to children in school.-** (1) No person shall advertise or market or sell or offer for sale including free sale, or permit sale of, food products high in saturated fat or trans-fat or added sugar or sodium in school campus or to school children in an area within fifty meters from the school gate in any direction.

(2) When marketing foods to children in school premises or campus, the FBOs shall.-

- (a) only offer premiums and incentives such as toys, trading cards, apparel, club memberships, contests, reduced-price specials, or coupons with foods, meals, which is not high in saturated fat or trans-fat or added sugar or sodium;
- (b) use sponsorship of sporting, school, and other events for children only with food which is not high in saturated fat or trans-fat or added sugar or sodium.

(3) FBOs shall support balanced eating in schools and not market, sell, or give away food which is high in saturated fat or trans-fat or added sugar or sodium anywhere on school campuses, including through,-

- (a) logos, brand names, spokes-characters, product names, or other product marketing on or in vending machines; books, curricula, and other educational materials; school supplies; posters; textbook covers; and school property such as scoreboards, signs, athletic fields, buses, and buildings;
- (b) educational incentive programs that provide food as a reward;
- (c) direct sale of food which is high in saturated fat or trans-fat or added sugar or sodium;
- (d) free samples or coupons;
- (e) school fundraising activities.

**6. Monitoring and surveillance.-** (1) The School Authority shall have a system of regular inspection of premises to ensure that safe, balanced and hygienic food is served to students. The School Authority may appoint a Health and Wellness Ambassador or Health and Wellness team, who shall act as the nodal persons to monitor availability of safe, balanced and hygienic food.

(2) The State Food Authority shall conduct surveillance and periodic inspection of food business operators covered under these regulations so as to ensure that compliance of the Act, rules or regulations made thereunder are met.

(3) Any public authority like Municipal Corporation or any other local body or Panchayat in an area, as may be notified, in addition to State Food Authority shall ensure the compliance of sub-regulation (1) of regulation 5 of these regulations.

(4) If the School Authority, without reasonable grounds, fails to comply with the provisions under these regulations, the Central or State Food Authority shall take up the matter with the concerned Department of School Education or Affiliation Body, if any, to take appropriate action.

(5) The State Level Advisory committee (SLAC) constituted under sub-regulation 2.1.15 of the Food Safety and Standards (Licensing and Registration of Food Businesses) Regulations, 2011 shall create a sub-committee to monitor the implementation of these regulations and to ensure availability of safe and wholesome food to school children.

(6) The sub-committee shall include representatives from the Department of School Education, and public health professionals in the field of foods and nutrition. The sub-committee shall meet at least twice in a year.

(7) The sub-committee shall recommend indicative list of food groups and preparations which shall be served or sold in the school canteen or mess or kitchen within the State based on local variations in the diets of people of that area and as per the broad guidelines given in the Schedule to these regulations.

### **SCHEDULE**

*[see regulation 4 (3) and 6 (7)]*

#### **General Guidance for Providing Safe food and balanced diet to Children**

- Meal-times in schools shall be mandatory to inculcate healthy eating habits in children.
- Safe drinking water shall be provided to all students free of cost.
- A variety of foods to be provided across the week, as a general principle. The school menu shall be cereal-protein combination and a micronutrient rich meal for students.
- A combination of whole grains, pulses, millets, foods of animal origin like milk, eggs, etc., shall be used. Fresh, seasonal and local produce shall be utilised for the preparation of the meals.
- Cooking oil or ghee shall be used in moderation. Use of re-heated fats and oils shall be avoided.
- In order to prepare the meals more nutritious, fortified wheat flour, rice, milk, edible oil and double fortified salt may be used strictly adhering the standards specified in the Food Safety and Standards (Fortification of Foods) Regulations, 2018.

#### **General guidance for selection of Foods**

| S.No. | Inclusion in Menu                                                                | List of Foods and Beverages*                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
|-------|----------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 1.    | Always a part of the menu – 75-80% of the foods should belong from this category | <ol style="list-style-type: none"> <li>1. <b>Cereals, Millets and Pulses</b> – Such as whole wheat grain (atta), rice, Millets (ragi, bajra, etc.), Legumes (all dal and beans)</li> <li>2. <b>Milk, Milk products, egg, meat and fish</b> –milk, curd, yoghurt, lassi, butter milk, paneer, or milk products, lean meat, chicken, fish, egg</li> <li>3. <b>Fruits and Vegetables</b> –vegetables (including green leafy vegetables: other vegetables and roots and tubers) Fresh fruits (Local and seasonal produce)</li> <li>4. <b>Oils, fats, nuts and oilseeds</b> – walnuts, almonds, pistachios, roasted nuts without salt or sugar, groundnuts, sesame seeds, etc.</li> </ol> |

|    |                                                                                                  |                                                                                                                                                                                                                                                                                                                                                                                                                  |
|----|--------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|    |                                                                                                  | 5. <b>Processed/cooked Foods</b> —Freshly made soup, porridge, beverages with no added sugar, stir fried vegetables, snacks - boiled, baked or steamed, cereal or pulses based such as idli, upma, poha, khandvi, dhokla, cheela, namkin daliya, etc.                                                                                                                                                            |
| 2. | To be eaten occasionally – in small portion size and reduced frequency<br>(e.g., once in a week) | 1. <b>Desserts</b> - Ice-creams, milk-based and dairy based sweet/desserts<br>2. <b>Packed foods</b> - cheese, canned and preserved vegetable, packaged meat or fish products, fruits/vegetables/cereal/pulses based snacks, nuts and seeds.<br>3. <b>Bakery Products</b> - white breads, biscuits,<br>4. <b>Beverages</b> - Packaged soups and juices cereal or malt based beverages, flavoured soya milk, etc. |
| 3. | Not to be made available in the school, hostel, etc.                                             | Food products high in saturated fat or trans-fat or added sugar or sodium.                                                                                                                                                                                                                                                                                                                                       |

\* These lists of products are illustrative only.

ARUN SINGHAL, Chief Executive Officer

[ADVT.-III/4/Exty./211/2020-21]

राजित पुनहानी, भा.प्र.से.  
Rajit Punhani, IAS  
मुख्य कार्यकारी अधिकारी  
Chief Executive Officer



D.O.No.:IEC-29013/1/2021-IEC-FSSAI-Part (1)

Dear Sir,

Date: June 1, 2026

To combat the growing challenge of obesity and lifestyle-related diseases by encouraging citizens to adopt healthier lifestyles. This includes emphasizing the importance of preventive healthcare, and reduction in the consumption of salt, sugar, and oil by 10%, while also promoting regular physical activity and healthier dietary habits. The message highlights the need for collective action to build a healthier and fitter India, especially among children and youth.

2. Food Safety and Standards Authority of India (FSSAI), under the aegis of Ministry of Health and Family Welfare (MoHFW) the apex food regulator of the country, is mandated to ensure availability of safe and wholesome food for consumers through regulation, standards, surveillance, and awareness initiatives. Through its flagship Eat Right India movement, FSSAI promotes safe, healthy, and sustainable diets by encouraging informed food choices and healthier lifestyles among citizens.

3. Under the Eat Right School initiative, FSSAI encourages schools to promote safe and healthy food practices through awareness activities, healthier food environments, and nutrition literacy among students. Schools implementing the prescribed criteria are recognized through the Eat Right School certification, which aims to encourage adoption of healthy and sustainable practices within educational institutions.

4. The Department of School Education and Literacy has crucial role in the above subject therefore we seek collaboration to align our efforts toward strengthening of food literacy among children. Therefore the following areas of collaboration are proposed:

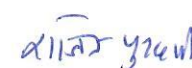
4.1 Inclusion of a dedicated chapter on FSSAI's Eat Right India Programme which encapsulates: food safety, nutrition literacy, healthy dietary practices in the school curriculum to promote informed food choices and healthy lifestyles among students.

4.2 Pan India schools to be nudged to acquire FSSAI's Eat Right School certification thereby encouraging adoption of healthy food environments, nutrition literacy, safe food practices, and healthier lifestyles among students.

4.3 Consideration of Eat Right School certification/implementation as one of the desirable criteria under the PM SHRI Schools framework to encourage schools to actively promote health and nutrition awareness.

5. Food Safety and Standards Authority of India would be pleased to extend all necessary technical support and expertise in this regard. I shall be grateful if the above proposals may kindly be considered favourably.

Yours faithfully,

  
(Rajit Punhani)

To,  
Shri Sanjay Kumar, IAS  
Secretary  
Department of School Education & Literacy  
Ministry of Education

राजित पुनहानी, भा.प्र.से.  
Rajit Punhani, IAS  
मुख्य कार्यकारी अधिकारी  
Chief Executive Officer



ANNEXURE A-6



D.O.No.:IEC-29013/1/2021-IEC-FSSAI-Part(1)

Date: June 1, 2026

Dear Rahul,

To combat the growing challenge of obesity and lifestyle-related diseases by encouraging citizens to adopt healthier lifestyles. This includes emphasizing the importance of preventive healthcare, and reduction in the consumption of salt, sugar, and oil by 10%, while also promoting regular physical activity and healthier dietary habits. The message highlights the need for collective action to build a healthier and fitter India, especially among children and youth.

2. Food Safety and Standards Authority of India (FSSAI), under the aegis of Ministry of Health and Family Welfare (MoHFW) the apex food regulator of the country, is mandated to ensure availability of safe and wholesome food for consumers through regulation, standards, surveillance, and awareness initiatives. Through its flagship Eat Right India movement, FSSAI promotes safe, healthy, and sustainable diets by encouraging informed food choices and healthier lifestyles among citizens.

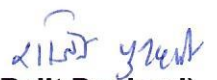
3. Under the Eat Right School initiative, FSSAI encourages schools to promote safe and healthy food practices through awareness activities, healthier food environments, and nutrition literacy among students. Schools implementing the prescribed criteria are recognized through the Eat Right School certification, which aims to encourage adoption of healthy and sustainable practices within educational institutions. The Central Board of Secondary Education (CBSE) has a crucial role in the above subject therefore we seek collaboration to align our efforts toward strengthening of food literacy among children: The following areas of collaboration are proposed

3.1 Inclusion of a dedicated chapter on FSSAI's Eat Right India Programme which encapsulates: food safety, nutrition literacy, healthy dietary practices in the school curriculum to promote informed food choices and healthy lifestyles among students.

3.2 All CBSE affiliated schools to be nudged to acquire FSSAI's Eat Right School certification thereby encouraging adoption of healthy food environments, nutrition literacy, safe food practices, and healthier lifestyles among students.

4. Food Safety and Standards Authority of India would be pleased to extend all necessary technical support and expertise in this regard. I shall be grateful if the above proposals may kindly be considered favourably.

Yours faithfully,

  
(Rajit Punhani)

To,  
Shri Rahul Singh, IAS  
Chairman  
Central Board of Secondary Education (CBSE)